

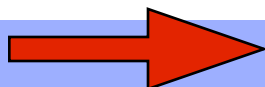
Thomaston 4th of July ANNUAL
2014 Firecracker 5K Road Race

Date: Friday, July 4, 2014
Time: 8:30 am (kid's fun run at 8:am)
Place: Beechwood Street, Thomaston, ME
Check In: In front of Water Dog Tavern 7:am
Day of Race Registrations close at 8:am!

**ANNOUNCING A NEW
PARTNERSHIP WITH
"RUN IN A RACE!"**

This year's race will be professionally timed using the ITS Jaguar (TM) Chip Timing System. The system uses overhead or side antennas. Real-time results and reports are immediately available.

Run In A Race.com will handle all pre-registrations.



FEES

Pre-registration: **\$15.** includes race t-shirt if registered on/before June 20, 2014

Day of Race: **\$20.** t-shirt not guaranteed

*Thomaston Recreation Department "Couch to 5K" participants **MUST** pre-register to receive the discounted registration fee.

PRIZES!

1st Male & Female overall

**First M & F in the following age groups:
13-18, 19-29, 30-39, 40-49, 50-59, 60+**

Online Registration - www.runinarace.com OR print and mail to:

Run In a Race PO Box 144, Freeport, ME 04032 checks payable to: Run in a Race
I wish to register as follows: *(Please complete one form per runner)*

Print Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Gender: (circle) Male Female Age on July 4, 2014: _____ Phone: _____

Email: _____ Thomaston Recreation Department "Couch to 5K?" Y or N

T-shirt size: Y-sm Y-m Y-L A-sm A-m A-L A-xl

Waiver: I hereby agree to release, discharge, indemnify and hold the Town of Thomaston, ME, Thomaston 4th of July Committee, race directors, race times, race volunteers, Run In A Race LCC and their agents and employees harmless from any liability claims, demands, costs, or damages arising out of the said program which I or my participating child may sustain during the said event. I also understand photos of my participation may be used for promotional purposes. I have read this document carefully and signed it voluntarily with full knowledge of its significance. Participants under 18 years of age must have parental consent.

Signature: _____ Date: _____

Parent/Guardian: _____